Assignment overview
This assignment is to help you better know your learning preferences. According to the creator of the assessment you’ll take for this assignment, “Your VARK preferences can be used to help you develop additional, effective strategies for learning and for improving your communication skills . . . Students and teachers can select their particular preference(s) to understand how they should: take in information; use information for effective learning; and communicate more effectively.”

Deadline
This assignment needs to be completed before you can finish your SmartSite Profile assignment, which is due before the third lecture session.

Background
There are many assessments that help learners better understand how they and others engage in the learning process. Since there are many approaches to learning, it is helpful to see which ones we prefer, and which ones we can strengthen. VARK was created by Neil D. Fleming and stands for Visual, Aural, Read/Write, and Kinesthetic. Please note that there are no externally determined “right” and “wrong” answers to this assessment, only answers that are true to you and your preferences.

Step 1: Take the VARK Assessment
Take the questionnaire. It will likely take less than 10 minutes. Find it here: http://www.vark-learn.com/english/page.asp?p=questionnaire

Step 2: Note and Understand Your VARK Score
Once you’re done, look at your four scores. They will be presented in the format below.

The VARK Questionnaire Results
Your scores were:
• Visual:
• Aural:
• Read/Write:
• Kinesthetic:

Make a note of your four scores, and whether you are multimodal or not. Now open the urls of your helpsheet(s) and read them over. Save them if you find them useful. I suggest turning them into PDFs and keeping them with your course materials for this class. All of them are located here for your future reference: http://www.vark-learn.com/english/page.asp?p=helpsheets

Step 3: Use Your VARK Score
Enter your VARK score in your SmartSite Profile (last question), then turn that in once you’ve completed it. Bring your thoughts on VARK to our third lecture session.